**R911\_Rumination for July 10, 2022**

The **T**heme: **He Came in the Flesh** [berita-bethel-ung.com](http://www.berita-bethel-ung.com)

The **T**ext: *Who* ***in the days of His flesh****, when He had offered up prayers and supplications*

*with strong crying and tears unto Him that was able to save Him from death…* Heb. 5:7

The **T**hots:

1. ***Who in the days of His flesh* Heb. 5:7a**
2. Jesus Who Came in the Flesh was ***the Word*** – co-**E**qual with God and co-**E**xistent with God.
3. He **W**ho **W**as the **W**ord was God:

*In the beginning was the Word, and the Word was with God, and the Word was God.* Jn. 1:1

1. He was *in the form of God* and *equal with God…* Phil. 2:6, NKJV
2. Jesus was the Word made Man, a little lower than Angels. Heb. 2:7
3. The **S**tatus of Man:
4. *What is man, that Thou art mindful of him? or the son of man, that Thou visitest him?* Heb. 2:6

*Thou madest him a little lower than the angels…* Heb. 2:7

1. (Jesus) *made Himself of no reputation…and was made in the likeness of men…* Phil. 2:6, 7
2. (He) *did not consider equality with God as something to be used for His own advantage.* (HCSB)

*Instead He emptied Himself by assuming the form of a slave, taking on the likeness of men.*

*When He had come as a man in His external form…*

1. Thus, *the Word was made flesh, and dwelt among us…* Jn. 1:14
2. The **S**inful **S**tate of Man:
3. *Where****F****ore, as by one man sin entered into the world, and death by sin;*

*and so death passed upon all men, for that all have sinned.* Rom. 5:12

1. ***F****or all have sinned, and come short of the glory of God;* Rom. 3:23
2. ***F****or the wages of sin is death;* Rom. 6:23

*[but the gift of God is eternal life through Jesus Christ our Lord]*

1. The **S**alvation of Man: to **S**ave Man from **S**in Jesus became Man and **S**uffered as his **S**ubstitute:
2. *But we see Jesus, Who was made a little lower than the angels for the suffering of death*… Heb. 2:9
3. *And being found in fashion as a man, He humbled Himself, and became obedient unto death,*

*even the death of the cross.* Phil. 2:8

1. *For even the Son of man came…to give His life a ransom for many.* Mk. 10:45
2. ***when He had offered up prayers and supplications*** **Heb. 5:7b**
3. Jesus’ **P**ersonal ***P****rayers* at **G**ethsemane before He went to the Cross. Mt. 26:36 *Then cometh Jesus with* [His disciples] *unto…Gethsemane... “Sit ye here, while I go and pray yonder”*

*My soul is exceeding sorrowful, even unto death: tarry ye here, and watch with Me*.” Mt. 26:38

1. His **S**piritual **S**truggle and ***S****upplications* with His Father, **G**od: Mt. 26:39

*My Father, if it be possible, let this cup pass from Me: nevertheless not as I will, but as Thou wilt.*

1. His **D**isappointment with His **D**isciples: Mt. 26:40, 41

*He cometh unto the disciples, and findeth them asleep, and saith unto Peter,*

***W****hat, could ye not* ***W****atch with Me one hour?*

***W****atch and pray, that ye enter not into temptation: the spirit indeed is* ***W****illing, but the flesh is* ***W****eak.*

1. ***With Strong crying and tears unto Him that was able to save Him from death.* Heb. 5:7c**
2. His **S**truggle with His Father: Mt. 26:42

*He went away again the second time, and prayed, saying, O My Father,*

*if this cup may not pass away from Me, except I drink it, Thy will be done.*

1. Only His Father could **S**ave Him from death at the cross, but the Father did not because…

there was no other way for the Father to express His Love for Sinners:

1. Because God the Father loved the world of sinners –
2. *For God so loved the world, that He gave His only begotten Son.* Jn 3:16
3. *God commendeth His love toward us, in that, while we were yet sinners, Christ died for us.* Rom. 5:8
4. His **S**ubmission to the Father’s Will: Mt. 26:42

*He…prayed…O My Father, if this cup may not pass away from Me, except I drink it, Thy will be done*

1. Thus, Jesus as Man died for Man to provide the way for Man to return to God. Phil. 2:8

*Being found in fashion as a man, He…became obedient unto death, even the death of the cross.*

1. On the **C**ross where He died,
2. His initi**al** **C**ry to God the Father was: *Father, forgive them; for they know not what they do*. Lk, 23:34
3. His fin**al C**ry on the **C**ross was: Jn. 19:30, NKJV

*And when Jesus had cried out with a loud voice, He said, "Father, into Your hands I commit My spirit” Having said this, He breathed His last.* Lk. 23:46, NKJV

As we take the Bread and Drink of the **C**up this day, let us remember the **C**hrist

And His moments before, and on the **C**ross and give Him thanks for taking our place there.

*To Christ, who won for sinners grace By bitter grief and anguish sore,*

*Be praise from all the ransomed race Forever and forevermore.* Isaac Watts

**REFLECTIONS FOR THE WEEK R. 911**

1. In the last few hours before He went to the cross, He went to the Garden of Gethsemane with His disciples to have His final “conversation” with and commitment to God, His Father. He told His disciples to stay back and pray for and with Him.

This event is recorded for us in Matthew 26:38-40 as follows:

*Then saith He unto them, My soul is exceeding sorrowful, even unto death: tarry ye here, and watch with Me. And He went a little further, and fell on His face, and prayed, saying, O My Father, if it be possible, let this cup pass from Me: nevertheless not as I will, but as Thou wilt. And He cometh unto the disciples, and findeth them asleep, and saith unto*

***Peter, what, could ye not watch with Me one hour?***

This question is as pertinent now as it was then. Is it not true that there is even this possibility that while we are bodily present at the Lord’s Supper we may be mentally and spiritually asleep? Yes, our thoughts are not with the Lord. Mentally and spiritually, we are asleep.

Perhaps the night before, we had spent a late night watching a video or movie, or for all that matters spent the night away doing something to leave us tired and feeling sleepy the next morning. Then because we are Christians, and we need to attend the meeting in Church on a Sunday, so we drag ourselves out of bed, have a quick breakfast and rush quickly to the meeting place as fast as we can just to reach it in time to join the starting of the meeting.

As the meeting progresses, it is possible that there is little participation by the believers who are present, and so-called dull moments set in. Then either our thoughts start to wander, or they start to slag or lag behind, and moments of drowsiness gradually creep in on to our minds and we lose track of what is going on in the meeting and start wandering away as our heads nod in sleepiness. Yes, our bodies are there physically at the meeting, but out thoughts have wandered into the land of nod or into other realms for us to lose track of what is going on in the meeting to remember the Lord in His death and resurrection as He commanded. As the Lord Himself recognised – *the spirit indeed is willing, but the flesh is weak*. (Mt. 26:41)

It is then that we may hear the pertinent words of the Lord Himself:

*And He cometh unto the disciples, and findeth them asleep, and saith unto Peter,*

*What, could ye not watch with Me one hour?* (Mt. 26:40-41)

Yes, we cannot watch with Him one hour!

Have we ever experienced sleepy moments at the Lord’s Supper?

Have we struggled with keeping awake when we listen to God’s Word being preached from the pulpit?

Have we ever allowed our thoughts to wander into other realms while the preacher is speaking on the pulpit?

***What, could ye not watch with Me one hour?* REFLECT**

1. It is sad indeed, isn’t it, that when we are sick or praying for someone who is, we ask the Lord to watch over us or over that person as we pray, and we expect the Lord to do so? Yet when the Lord tells us to watch and pray with Him, or for all that matters, when He asks us to remember Him in His death, burial and resurrection once a week perhaps for that one hour only, we nod our heads, not in agreement, but in sleepiness!

What is the significance and challenge of the Lord’s Supper to us? Are we prepared to keep that one hour per week special for Him so that, cost what it may, we shall make it a point to be present at His Table, and truly remember Him for that one hour? **REFLECT**

**Points to Ponder:** *Present at the* ***L****ord’s Table but at the* ***L****and of Nod!*

**“***What, could ye not watch with Me one hour?”*