**R786\_Rumination for 23rd Feb. 2020 by KC Ung**

*This week, being the* ***15th Anniversary***[from Feb. 27, 2005]***of Ruminations,*** *I am* ***R****eproducing below the 11th Anniversary* ***R****umination as a* ***R****eminder of the Lord’s Goodness to us all, all these years and to celebrate the day with all of you for your very* ***F****aithful* ***F****ollowing of these* ***R****umination-****R****eflections* ***R****egularly every Lord’s Day without* ***F****ail. I* ***R****espect all of you for this. Let us all continue to* ***R****emember and* ***R****evere the Lord as He commanded us to every Lord’s Day* ***F****aithfully and* ***F****ervently at the Lord’s Supper.*

**R576\_Rumination for Feb. 21, 2016.** by KC Ung

The **T**heme: **Rumination and theRemembrance Feast of the Lord.** [berita-bethel-ung.com](http://www.berita-bethel-ung.com/)

The **T**ext: *As often as ye eat this bread, and drink this cup, ye do shew the Lord's death till He come.*  I Cor. 11:26

The **T**hots:

On Feb. 27, 2005, Rumination 1 was posted. It was entitled “*Remember Me*,” based on I Cor. 11:24, 25.

This week, Ruminations will be into their 11th year celebrating its anniversary on Feb. 27.

The theme for this anniversary **R**umination is still “***R****emember Me.”* And why **R**umination? See **R**eflections below.

1. **The Reminder to Remember the Lord at the Remembrance Feast**
2. It was the **L**ord’s **L**ast Words **C**ommunicated to His **D**isciples before His **D**eparture. Mt. 26:29

*I say unto you, I will not drink henceforth of this fruit of the vine,*

*until that day when I drink it new with you in My Father's kingdom.*

1. It was to **C**ommemorate His **D**eath until He **C**omes. I Cor. 11:26

*For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till He come.*

1. It **C**onsisted of two **D**edicated symbols:
	1. The **B**read: to be **B**roken as a token of His **B**ody **B**ruised for us. I Cor. 11:23, 24cf. Mt. 26:26

*The Lord Jesus the same night in which He was betrayed took bread: And when He had given thanks,*

*He brake it, and said, Take, eat: this is My body, which is broken for you: this do in remembrance of Me.*

* 1. The **C**up: to drink of its **C**ontents as a token of His **C**ovenant in the **B**lood shed for us. Mt. 26:27, 28, 29

*And He took the cup, and gave thanks, and gave it to them, saying, Drink ye all of it;*

*For this is My blood of the new testament, which is shed for many for the remission of sins.*

1. It **C**omprised of two **D**evoted acts:
2. A **R**emembrance of the Person of the Lord - *this do in remembrance of Me.* I Cor. 11:24
3. A **R**everence of the Person of the Lord; such a **R**emembrance should lead to a **R**everence of Him.
4. **The “Regulations” Related to the Remembrance Feast of the Lord.**
5. It is **O**ne of two **O**rdinances given to the **C**hurch.
6. **B**aptism: an Identificat**ion** with Him in His Death, Burial and Resurrection. Rom. 6:3, 4

*Know ye not, that so many of us as were baptized into Jesus Christ were baptized into His death? Therefore we are buried with Him by baptism into death: that like as Christ was raised up*

*from the dead by the glory of the Father, even so we also should walk in newness of life.*

1. **B**reaking of **B**read: A **C**ommemorat**ion** of His Death and **C**oming again. I Cor. 11:26

*For as often as ye eat this bread, and drink this cup, ye do shew the Lord's death till He come.*

1. It is to be **O**bserved ***O****ften* until He **C**omes again. How **O**ften?

The early disciples **C**ontinued Steadfastly to **B**reak **B**read every first day of the week:

*They continued stedfastly…in breaking of bread…* Acts 2:42

*And upon the first day of the week, when the disciples came together to break bread…* Acts 20:7

1. It is the **C**ommunion of **O**neness in the Body: I Cor. 10:16, 17
2. *The cup of* ***B****lessing which we* ***B****less, is it not the communion of the* ***B****lood of Christ?*
3. *The* ***B****read which we* ***B****reak, is it not the communion of the* ***B****ody of Christ?*
4. *For we being many are* ***one******B****read, and* ***one******B****ody: for we are all partakers of that* ***one******B****read.*
5. **The Required Preparation to Remember Him at the Remembrance Feast. I Cor. 11:28**
6. Our **G**uaranteed **W**orthiness to be **P**resent because of our **P**osition in Christ. Eph. 1:6

*To the praise of the glory of His grace, wherein He hath made us accepted in the beloved.*

1. But we need to **G**uard our **W**alk that it is **W**orthy of the Vocation to which we have been called:

*That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work…* Col. 1:10

*That ye would walk worthy of God, who hath called you unto His kingdom and glory*. I Thes. 2:12

1. Thus we need to **G**auge our **W**orthiness before participating of the Supper. I Cor. 11:28, 29
2. The **R**equirement: *But let a man examine himself…*
3. The **R**eason: *For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself,*

 *not discerning the Lord's body*

1. The need to put things in **R**ight **R**elationship with the Lord and with others.Mt. 5:23. 24

*Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee; Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother,*

*and then come and offer thy gift.*

1. The **R**ight to participate once **R**elationships are put **R**ight –

***and so*** *let him eat of that bread, and drink of that cup*

*Lest I forget Gethsemane, Lest I forget Thine agony;*

 *Lest I forget Thy love for me, Lead me to Calvary* Jennie E. Hussey,

**REFLECTIONS FOR THE WEEK R. 786**

1. **What is Rumination?** To Ruminate literally means to chew the cud.

The word "ruminate" derives from the Latin "*ruminare*”, which means "to chew over again". It refers to a process in which cattle, sheep, goats, giraffes, etc. grind up, swallow, then regurgitate and rechew their feed.

Similarly, figuratively human ruminators are those who mull an issue at length

or think deeply about a subject or question over a period of time.

**But Why Rumination for the Lord’s Supper?**

There are many daily devotional books in circulation today. They encourage, exhort and edify Christians in their walk and work for the Lord each day as they read these devotions.

However, the Ruminations here are different. They focus in preparing the Christian believer for the Lord’s Supper each Lord’s Day – not for the daily challenges of each day.

They are unlike the daily devotions where a Christian reads and meditates on the thoughts fully expressed by the author in written form. The Ruminations, on the other hand, are presented in outline form to suggest, stimulate and share brief thoughts that the believer with the help and guidance of the Holy Spirit can further develop as his own personal thoughts to use them for himself.

These Ruminations are posted out on a Friday or Saturday to give opportunity to the believer to read them, meditate on, mull over (ruminate) them and to use whatever results from his/her further meditation as led by the Spirit to contribute towards a meaningful remembrance and reverence of the Lord in the open service of the Lord’s Supper.

These Ruminations were first presented eleven years ago as material for believers to meditate upon in preparing them for the Lord’s Supper. There was concern at that time (and still are today) regarding the long silences in between participation at the Supper. One is not sure if the silence came from “*Be Still and know I am God*” (Psa. 46:10), or it was the silence of the Graveyard!

Most probably the reasons for this condition were due to the unpreparedness of the believers to come together to remember the Lord, It might also be due to their limited scriptural knowledge to turn to the appropriate scriptures to synch with the thoughts at the service or the limited knowledge of the hymns to choose appropriate ones that will fit in with the theme of meditation at that particular time.

Thus, if time is spent to meditate over these Ruminations hopefully the Spirit may use parts of the thoughts there to lead to other scriptures, hymns and ideas to contribute towards a meaningful corporate commemoration of the Lord to worship Him in spirit and in truth. If you are a brother in the Lord have you ever been led to lead the congregation to a meaningful remembrance of the Lord and to worship Him? If you are a sister do you often feel that you are being led to remember the Lord and to worship Him by the contributions of those who participate in the service? If not, why not? **REFLECT**.

1. The Ruminations have been prepared regularly each Lord’s Day with the purpose that those who use them may be helped personally to have a meaningful remembrance of the Lord leading them to worship Him with a spontaneous heart every Lord’s Day.

Have you benefitted from them? Do you have any further suggestions as to how these Ruminations can further help you in your devotions?

If you do, write in to [www.berita-bethel-ung.com](http://www.berita-bethel-ung.com) and tell us. **REFLECT**.

**Points to Ponder: *When we Revere (worship) the Lord we may not be Remembering Him; but when we Remember Him we inevitably will Revere Him.***